# **Phoenix-On-Fire presents**

in collaboration with ConsciousTouch

# presents

# **Liquid Love**

# What happens at a Liquid Love event?

Each session has a different group of people, and therefore each session is different. However, to give you some idea of the flow of a session, we begin by getting to know each other and relax in a clothed welcome circle. As we talk about the experience we are going to share, consent, safety, how to touch in the oil. You will then be invited to remove your clothes (as many as you feel comfortable removing - see note below). In a circle we will go through gentle guided breathing and body warms ups to prepare our minds and bodies before we lie down in the oil.

As warm oil is poured over the body, you will be guided through an exploration of yourself and others around you. We encourage non-verbal communication in this part of the afternoon. Once the guided session is over you are welcome to relax in the space as we help guide you to gently wipe off the excess oil with paper and hot towels provided.

Please note that in the event the venue does not have shower facilities, please take this into consideration for your plans for the rest of the evening once you depart - you will be well moisturized to say the least!

# Bring a friend - The PAL System

It is important to us to create a safe, trusting, and responsible environment where you can feel comfortable in the presence of other people in the group. To help us with this we are using the PAL System.

The PAL System asks that you attend a session together with someone you know and trust – a PAL.

\* Please book and arrive to a session with your PAL. You will not be able to join the session if your PAL fails to turn up, and we will not be able to refund your costs/tickets.

\* You and your PAL must both pay for a space in the session

\*Your PAL does NOT have to be someone who has already attended a session with us.

\* Due to the intimate size of our sessions we ask that you do not PAL with more than one person.

\* We ask that your PAL is someone you know well and trust. You are both accountable for the behavior of the other. Please keep this in mind when agreeing to PAL another person.

\* Your PAL does not have to be a lover or a partner. Your PAL can be any friend or even a relative.

(The PAL System is Creative Commons licensed to Kinky Salon San Francisco)

If you do not have a PAL but are still interested in coming please contact us and we will try to pair you up.

# Do I have to be naked?

Our sessions are clothing optional. We invite participants, following our introduction, to undress to whatever level they feel comfortable with – bearing in mind that whatever you choose to leave on will inevitably be covered in oil.

There will be nudity in the room and it's important that you feel at ease with it.

# Will I be touched by other people / Can I touch other people?

Again, each session is different. You are not expected to touch anyone, and you do not have to be touched by anyone.

Within the space you are able to experience Liquid Love on your own, or interact with those comfortable with touching and/or being touched. We invite you to explore both dynamics during your session.

That being said, Liquid Love as a unique skin-contact experience. We invite you to be open to both touching as well as being touched. We particularly invite you to explore touch using parts of the body we do not usually touch with – our stomachs, our noses, our feet, our shoulders, our heads, our buttocks, our eyelashes, and so on.

We ask that you constantly check-in with the people you are interacting with so to ensure that you are not crossing their personal boundaries.

We ask participants to practice a 'two-taps' signal to clearly indicate that you do not wish to be touched. We demonstrate this to all participants during our initial conversation and ask you to respect the system during the session.

If at any point you feel uncomfortable, for whatever reason, we ask you to raise your hand so that our facilitators can quickly attend to you.

The space is safely and responsibly held throughout the session. Within the boundaries discussed at the outset, you are invited to explore the experience in whatever way makes you feel most comfortable.

### Who can attend?

In principle, anyone can participate.

There is an atmosphere of respect and acceptance at all times. We invite you to move into a space of welcoming and appreciating everyone.

However, in order to balance the group and to ensure the safety of the space is intact, we do ask for a short telephone conversation when you have send in your interest to join,

### Do I have to be attracted to women/men to attend?

Absolutely not, this is a space open for all women and men regardless of sexual orientation and preferences. We invite you to move and allow yourself to be moved without intentions or sexual orientation. Releasing our usual desire to take action on erotic sensations and thoughts we invite you to be present with them and to relax into the energetic flow of the bodies around you. This is a place where you can love and be loved in an impersonal and unbound manner and above all a place to relax into your body and 'go with the oil'.

### What kind of oil do you use?

We will source a selection of useful oils, but most likely we use olive oil, which we have found works best. It feels lovely on the skin, and we add a few drops of essential oil to give it a fresh aroma.

# Will the oil get in my eyes?

Depending on the session and the way you interact with yourself and others, this may occur. We use olive oil, which, in our experience, is gentlest on the eyes. Some people may feel a mild sting, or experience hazy vision if oil gets in their eyes.

Your facilitators have paper-towels on hand throughout the session. If at any point you would like to wipe your eyes, simply raise your hand and a paper towel will be brought to you.

# What if I have a friend that would like to attend one in the future?

Great! Spread the Phoenix On Fire and Liquid Love! There are mixed, non-gender specific events that happen regularly, join the Facebook group to be kept updated.

# What should I bring?

- $\sim$  A lot of positive energy to share around
- $\sim$  One or two towels you are not too precious about they will be oily
- ~ Comfortable clothes that you are not too precious about, again because of the oil
- $\sim$  We kindly ask that you arrive washed, clean and fresh for the session.
- $\sim$  No need to wear jewelry and avoid perfumes and after-shaves. Clean bodies work best.

 $\sim$  On a voluntary basis, sometimes guests bring a little snack of a cake to share and just hang out afterwards.

# I have piercings / jewelry - is this okay?

For the safety of all the other people taking part in the session, we ask that you remove all sharp/pointy piercings and jewelry. We will provide the group with a small box where you may leave your belongings for the duration of the session.

### Hygiene, health & safety

As this is an intimate event we expect you take responsibility and advise us as soon as possible if you are sick or have any contagious health concern as you won't be able to attend. No open cuts or wounds

Please ensure your nails (fingers and toes) are trimmed and not sharp

Please ensure you arrive in plenty of time freshly washed and clean, this is a very intimate event so please be mindful of your body odor.

### What if I have my period?

We advise a moon cup/tampon for the duration of the guided oil segment of the event. For hygiene purposes a sanitary towel won't be appropriate.

### What if I'm pregnant?

You're most welcome but please advise us upon booking or as soon as you know. We are very discrete and friendly so if any of the above is of concern please contact us.

### What should I bring with me?

We ask that you bring with you a towel you are not precious about (you do not mind oil getting on it). We recommend wearing something comfortable which you are also not precious about (again, the oil).

If you like, a microfiber towel to wrap your hair into a turban to absorb the oil.

# How to book

Just send a mail to: <u>phoenixonfire71@gmail.com</u> or send a message on our FB page on on this websites Contact Page.

Remember to add a number we can reach you on.

# **First timers:**

If you haven't been to a Liquid Love before or are not known to me then please introduce yourself via txt/whatsapp/email stating:

- your name, contact number to have a quick phone chat
- how you heard about Liquid Love
- what interests you about attending

. We take safety and acceptance very seriously so we like to ensure that you have fully understood the information above and the special environment that we seek to create.

### People who have attended before:

If both you and your PAL have attended a Liquid Love session with before, or are known by me please let us know when and with whom.

If your PAL hasn't been before then please make sure they get in contact with the info above before reserving your spot.